## DR SOE MIN HTET @ HAJI MOHAMED RAFEE

## CARDIOMETABOLIC, HORMONAL & FERTILITY CONFERENCE

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**Pre diabetes** clearly increases the risk of T2D and can save as a greater motivation for intervention

IGT is a risk factor to develop Type 2 Diabetes

IGT is a CV Risk factor

IGT should start treatment with metformin

Weight loss and a healthy life style can improve and, in some case, reverse this process. It is necessary to develop a low cost, easily accessible lifestyle management program that would potentially be available for the hundreds of thousands of patients with prediabetes.

Pharmacological treatments usi9ng metformin may be thought in individuals where a lifestyle intervention dose not effectively improves glycaemia.

Child's growth reflects their general health, for early identification of children with abnormal growth well-defined referral criteria are needed

Early detection and diagnosis of short stature help to optimize adult height and minimize the impact of any underlying health condition.

Regarding about hypothyroidism, we got Time to treat, time to referral.

Early stage of colorectal cancer - surgery plays a very important role.